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# Analysis of the efficacy and safety of traditional Chinese medicine fasting therapy in relieving type 2 diabetes: a case report

MT翻译

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## Abstract / 摘要

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Traditional Chinese medicine fasting therapy is a new, safe and effective clinical therapy. Because it can reduce weight and insulin resistance and alleviate diabetes symptoms, it can be used to treat type 2 diabetes with obesity, metabolic syndrome and other diseases. To promote people's understanding of traditional Chinese medicine fasting therapy, this case report reports the treatment process of a patient with type 2 diabetes who underwent traditional Chinese medicine fasting therapy, and discusses the efficacy and some adverse reactions.

收起

## Keywords / 关键词

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case report; fasting; insulin resistance; adverse reaction

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